

# ADRIANA ALCARAZ SÁNCHEZ

## PHD CANDIDATE

Room 208, Department of Philosophy,  
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### AREAS OF SPECIALISATION

Philosophy of mind  
(consciousness), Dream  
Research, Qualitative  
Research

### AREAS OF COMPETENCE

Philosophy of Cognitive  
Science (mental models),  
Philosophy of Perception

### LANGUAGES

English (Proficiency),  
Spanish (Native), Catalan  
(Native)

### EDUCATION

2019-2022 **PhD in Philosophy**, *University of Glasgow*

**Title:** Phenomenal consciousness during sleep

**Supervisors:** Prof Fiona Macpherson (Glasgow), Dr Maria Gardani (Glasgow) and Dr Alistair Isaac (Edinburgh)

2017-2019 **MPhil in Philosophy** (part-time), *University of Glasgow*

**Title:** Conscious states during dreamless sleep. A philosophical and psychological account (*Award pending*)

**Supervisors:** Prof Fiona Macpherson (Glasgow), Dr Maria Gardani (Glasgow), Dr David Simmons (Glasgow)

**Examiners:** Prof David Bain (Internal, Glasgow), Dr Jennifer Windt (External, Melbourne)

2013-2015 **MSc in Cognitive Science and Language** (part-time),

*University of Barcelona*

2009-2012 **BA (Hons) in Psychology**, *University of Barcelona*

### TEACHING EXPERIENCE

2018 -Present **Graduate Teaching Assistant (GTA). 1<sup>st</sup> and 2<sup>nd</sup> year Philosophy. (Part-time)**  
*Department of Philosophy, University of Glasgow*

2020- Present **1<sup>st</sup> Year Psychology (Part-Time)**  
*School of Psychology, University of Glasgow*

2017-2018 **1:1 Private Tutor for A-Levels (Psychology and Philosophy), Undergraduate (Philosophy) and University Admissions.**

### RESEARCH EXPERIENCE

2018-2019 **Research Assistant and Project Manager of the 'Minimal Phenomenal Experience' project Philosophisches Seminar, Universität Mainz** (Remote part-time position)

2012-2012 **Laboratory Assistant. Sleep Unit, Hospital de la Santa Creu i Sant Pau, Barcelona** (unpaid internship)

## EDITING, MANAGING AND ADMINISTRATIVE EXPERIENCE

**2018-2019** Blogger Intern. Post Graduate Research Blog. *University of Glasgow* (part-time)

**2017 – 2018** General Editor, eSharp. Postgraduate Journal of the College of Arts, *University of Glasgow* (unpaid)

**2012** Administrative Assistant, Undergraduate Admissions, School of Psychology, *University of Barcelona* (part-time)

## ORGANISATIONAL ACTIVITIES

- Seminar convener, Philosophy Department PPN Seminar, *University of Glasgow* (2019-Present)
- Co-organiser (with MAP Glasgow), BLM and Philosophy (Online workshop, 7 August, 2020)
- Co-organiser (with Dr Derek Brown). Conference on Philosophy of Perception and Colour (*University of Glasgow*, 14-15 January 2020)
- Lead organiser. Conference on Dreams, Hallucinations and Imagination (*University of Glasgow*, 23-24 February 2019)
- Vice-President. Philosophy Society, *University of Glasgow* (2018-2020)
- Seminar convener, Philosophy Department Postgraduate Seminar, *University of Glasgow* (2018-2019)

## AWARDS

**2020** International Association for the Study of Dreams / Dream Science Research. 3000\$

To pay a research assistant for my online study

**Research Support Award (RSA).** *College of Arts, University of Glasgow.* £300

To cover expenses to the regional International Association for the Study of Dreams conference in Lithuania (cancelled due to Covid-19).

**2019-2022** SGSAH DTP Funding for PhD. Fees and living expenses (£45,000).

**2019** Collaborative Research Awards (CRA). *College of Arts, University of Glasgow.* £735

Conference bursary. Mind Association. £1000

Conference bursary. Scots Philosophical Association. £1000

Travel bursary. Analysis Association. £550

(All the awards above were granted for funding the conference Dreams, Hallucinations and Imagination that I co-organised)

**2018**      **Research Support Award (RSA).** *College of Arts, University of Glasgow.* £300

To cover expenses of Micro-phenomenology Interview course in Paris.

**2010-2011**      **Beca Séneca, Ministerio de Educación (Séneca Scholarship, Spanish Education Ministry).**

Fees and living expenses for one academic year.

## CONFERENCES PRESENTATIONS AND TALKS

*'Sleep and consciousness'*

**December 2020** – *Invited talk at the HONR 19903 CENSORSHIP, DECEPTION, PARANOIA, STYLE seminar in the Honors College at Purdue University (online)*

*'I witnessed my sleep last night'*

**November 2020** - *Postgraduate Seminar, Department of Philosophy, University of Glasgow (online)*

*'What is lucid about lucid dreamless sleep'*

**June 2020** – *WIP Seminar, Department of Philosophy, University of Edinburgh (online)*

**June 2020** – *Postgraduate Seminar, Department of Philosophy, University of Glasgow (online)*

*'Micro-phenomenological study on dreamless sleep experiences'*

**April 2020** – *Regional IASD. Vilnius, Lithuania (cancelled due to Covid-19)*

**'Are there varieties of conscious dreamless sleep?'**

**May 2020** – *MPE research group mini-workshop (online)*

*The appeal to the reflexivity thesis and dreamless sleep*

**March 2020** – *Postgraduate Seminar, Department of Philosophy, University of Glasgow*

*'The Virtual Reality of Lucid Dreaming'*

**October 2019** – *Philosophy Society, University of Glasgow*

*'Brain Transplants and Personal Identity?'*

**September 2019** – *Philosophy Café, Coatbridge Library*

*'Awake in Deep Sleep: The case of Lucid Dreamless Sleep'*

**May 2019** – First-Person Science of Consciousness (peer-reviewed paper). *Witten/Herdecke University, Germany.*

**March 2019** – *Sleep and Consciousness: A Dyadic Life* (peer-reviewed paper, expenses paid) *Università degli Studi di Milano, Milan*

*'Looking for the minimal Phenomenal experience. The case of lucid dreamless sleep'*

**October 2019** – Selfless Minds: Radical disruptions of Self-Consciousness (peer-reviewed paper, expenses paid).  
*Frankfurt Institute of Advanced Studies (FIAS), Frankfurt.*

**October 2019** – Philosophy Society, *University of Glasgow*

**July 2018** – Annual BPPA Conference, *University of Birmingham.*

**May 2018** – Postgraduate Seminar, Department of Philosophy, *University of Glasgow*

*'The minimal phenomenal selfhood and dreamless sleep'*

**February 2018** – Philosophy Society, *University of Glasgow*

*'Where our concept of Self is grounded? Full-Body Illusions, Dreams and the Phenomenal Selfhood'*

**November 2016** – (Poster and Blitz Talk), Workshop in Experimental Philosophy, Berlin School of Mind and Brain,  
*Humboldt-University*

**March 2016** – (Poster), 4th Mind, Brain & Body Symposium. Berlin School of Mind and Brain, *Humboldt-University*

## PAPERS

- 'What is lucid about lucid dreamless sleep' Under preparation
- 'Micro-phenomenological study on awareness during dreamless sleep' Under review

## REFERENCES

Professor Fiona Macpherson  
Professor of Philosophy, Department of Philosophy, *University of Glasgow* (UK)  
e-mail: [Fiona.Macpherson@glasgow.ac.uk](mailto:Fiona.Macpherson@glasgow.ac.uk)

Doctor Maria Gardani  
Lecturer in Psychology, School of Psychology, *University of Glasgow* (UK)  
e-mail: [Maria.Gardani@glasgow.ac.uk](mailto:Maria.Gardani@glasgow.ac.uk)

Doctor Alistair Isaac  
Lecturer in Philosophy, Department of Philosophy, *University of Edinburgh* (UK)  
e-mail: [A.M.C.Isaac@ed.ac.uk](mailto:A.M.C.Isaac@ed.ac.uk)

Professor Thomas Metzinger  
Philosophisches Seminar | *Johannes Gutenberg-Universität Mainz* (Germany)  
e-mail: [metzinge@uni-mainz.de](mailto:metzinge@uni-mainz.de)